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# STRONGER TOGETHER

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## AN UPDATE TO OUR DONORS AND FRIENDS

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This year has continued to be difficult for many children, individuals and families in our community. Thanks to the Urban Youth Fund and our generous donors, the YMCA/JCC has been able to make critical programs and services available to all members of our community regardless of their ability to pay.

Here are some of the programs that the \$770,000 raised for the Urban Youth Fund has provided so far this year:



**SPLASH** – 3,400 families with children ages 6 months to 12 years participated in the Y's free week of water safety, basic swimming skills instruction, parent information and activities that focused on the Y's core values of caring, honesty, respect, responsibility and faith. Since 1996, more than 40,000 families have been served by this program.



**YMCA FUN BUS** – Sponsored by the YMCA Urban Youth Fund, The United Way and LMHA, the Fun Bus served more than 18,000 youth this summer by providing free recreational activities in urban and rural parks and neighborhoods in Lucas and Wood counties.



**SUMMER FEEDING PROGRAM** – This summer, for 55 days, the YMCA/JCC provided 45,365 free nutritional meals to more than 500 youth daily, from low-income families at 13 sites located in at-risk neighborhoods. Along with free meals, children were given the opportunity to participate in safe, fun physical activity through structured games and lessons before their meals.



**KIDS IN MOTION** – More than 1,200 children experienced hands on nutritional and wellness practices that will help prevent obesity as they grow into making life choices as well as learning values that instill a lifestyle of wellness for their futures. Kids in Motion reaches out to all children in the afterschool YMCA/JCC Child Care sites as well as staff and parents. With community partners and experts in the health field, curriculum was developed for child care leaders to lead and engage children in physical activity and nutrition programs. Through Kids in Motion children learn that fitness, nutrition and health are fun!

Your selfless act of kindness has enabled us to provide life-changing activities to thousands of children and families that otherwise could not afford the services of the YMCA and JCC of Greater Toledo. Thank you.

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**URBAN YOUTH FUND**  
YMCA AND JCC OF GREATER TOLEDO  
1500 N. Superior St., 2nd Floor  
Toledo, OH 43604

[YMCATOLEDO.ORG](http://YMCATOLEDO.ORG)