

# NEW\* Fitness 2 Hours



Monday—Thursday

9:00am\*—Noon &  
3:00pm—8:00pm

*On Wednesday & Thursday ALL cardio equipment is reserved for the Cardio Circuit Class from 9:30am—10:15am.*

Friday

9:00am\*—Noon &  
3:00pm—7:00pm

Saturday

8:00am—1:00pm

Sunday

Noon—6:00pm



Fitness 2 is open to all kids in grades 4-8 on Tuesdays, Thursdays and Fridays from 3:00pm—5:00pm. Please see the Member Service Desk for more information.



**Fort Meigs YMCA Center for Health Promotion**

13415 Eckel Junction Road • Perrysburg, OH 43551

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<http://swdsports.ymcatoledo.org>