

Sylvania JCC/YMCA Pool Hours
Must be at least 65 degrees for pool to open.

Saturday, May 29- Monday, May 31	10:30 am - 8:30 pm
Tuesday, June 1 – Friday, June 4	3:00 pm - 8:00 pm
Saturday, June 5 and Sunday, June 6	10:30 am - 8:30 pm
Monday, June 7 and Tuesday, June 8	3:00 pm - 8:00 pm
Wednesday, June 9- Tuesday, Aug 31	10:30 am -8:30 pm
**Thursday, July 15 pool will close at 6:00 pm for Swim/Dive Team Awards Night	
Wednesday, Sept 1 – Friday, Sept 3	3:00 pm -7:30 pm
Saturday, Sept 4 and Monday, Sept 6	10:30 am-7:30 pm
Saturday, Sept 11 and Sunday, Sept 12	12:00 pm-6:00 pm



If utilizing the pool area only please enter through the 2nd entrance.

****A detailed schedule for Lap Lanes and Diving Well is available****

Early Bird Swim
Lap Lane swimming will be available regardless of temperature

Monday-Friday	6:15 am – 8:15 am	June 9 through Aug 27
---------------	-------------------	-----------------------

SPLASH

Week of June 14-18	SPLASH Picnic:	Saturday, June 19	11:00 am - 2:00 pm
--------------------	----------------	-------------------	--------------------

WLESL Swim Meets & Championships

Meets - June 16, June 23, June 25, June 30	5 ft and Diving well will be closed from 1:00-6:00 pm
Championships- Thursday, July 15	5ft and Diving Well will be closed from 10:30- 5:30 pm

Sylvania JCC/YMCA Family Nights

Friday, May 28	6-8 pm	Membership Appreciation	To reserve your spot, call
Friday, June 4	6-8 pm	Kick off to Summer	419-724-0356 or email
Friday, July 2	6-8 pm	4 th of July Celebration	ltorrey@ymcatoledo.org!
Saturday, Aug 14	1-3 pm	End of Summer Bash	

JCC/YMCA Pool Rules

- Lifeguards are in charge of the pool area at all times and must be present to swim.
- All swimmers under the age of 18 must be swim tested monthly prior to entering the pool for open swim.
- Swim test will consist of one length of the pool on the swimmer’s front, one length on the swimmer’s back, plus treading water in deep water for a minimum of 30 seconds.
- Swimmers who have passed a swim test must wear a wrist band and may swim in water above shoulders.
- Swimmers who have not passed a swim test must stay in water below their shoulders.

- Please walk at all times.
- No playing on ropes or ladders.
- No rough housing, throwing, pushing or dunking.
- No breath holding contests.
- Diving is only allowed in the diving well. The water depth must be 9 ft for safe diving.
- Diving is not allowed off the sides of pool. Jumping is permitted in the shallow end, feet first and facing forward.
- We are a family pool. Discipline problems and/or abusive/foul language will not be tolerated.
- Please no gum or band-aids in the pool.
- Food and drinks are prohibited on the pool deck.
- Please wear appropriate swim suits; no cut-offs or gym shorts. T-shirts may be worn in the pool but are prohibited when using the diving boards.
- Pool toys may be used at the discretion of the lifeguard.
- Only Coast Guard approved lifejackets are permitted with parental supervision and are available upon request.
- No air inflated devices of any type including swim suits with built in floatation devices may be used at any time or any of the following: water wings, kickboards, toys, balls, rafts, noodles, etc.
- Full Face masks (masks that cover the eyes and nose) may not be worn by anyone under the age of 18.
- Swimmers 9 and under must be accompanied by an adult at all times. The adult must be in the water if the child did not pass the swim test. If your child is 9 years old or younger and able to pass the swim test you must be on the pool deck.
- Please stay clear of the bulkhead.
- Adult swim is the first 15 minutes of each hour.



Adult Swim

- Children 5 years of age and under may swim if accompanied by an adult.
- Children must be in the arms of a parent.
- Adults must have no more than two children with them.
- If temperatures reach 90+, adult swim may be used as a rest break for all swimmers and lifeguards.

Lap Swimming

- Lap swimmers are required to share lanes and circle swim.
- Lap Lanes are for lap swimming only and is open to all ages.

Wading Pool

- To be used for children under the age of 5.
- Children must be accompanied by an adult at all times.
- Infants and toddlers not toilet-trained must wear swim diapers.
- Only Coast Guard approved lifejackets are permitted with parental supervision and are available upon request.
- No air inflated devices of any type including swim suits with built in floatation devices may be used at any time or any of the following: water wings, kickboards, toys, balls, rafts, noodles, etc.

Diving Boards

- Use of the diving boards is restricted to only those who have successfully completed a deep water test.
- Divers must dive straight out into the water. No inwards, reverses, back flips, twisting dives, or seated drop dives.
- Divers must immediately swim to designated ladder and exit the water.
- Only one bounce permitted.
- Only one person is permitted on the diving board at one time. Please do not adjust the fulcrum.

Lap Lane Schedule

June 1-July 15



4 Lap Lanes will be available at all times when the pool is open (10:30 am – 8:30 pm) unless otherwise noted below.

Tuesday, June 1
Swim Team Practice 5:30-6:30 pm
*One lap lane available

Thursday, June 3
Swim team practice 5:30-6:30 pm
*One lap lane available

Monday, June 7
Swim Team practice 5:30-6:30 pm
*One lap lane available

Tuesday, June 8
Swim team practice 5:30-6:30 pm
*One lap lane available

Tuesday, June 15 7:00-8:00 pm
Swim team practice
*One lap lane available

Wednesday, June 16
Swim Team Meet 1:15-5:30 pm
*All Lap Lanes closed

Tuesday, June 22
Swim team practice 7:00-8:00 pm
*One lap lane available

Wednesday, June 23
Swim Team Meet 1:15-5:30 pm
*All Lap Lanes closed

Thursday, June 24
Swim team practice 7:00-8:00 pm
*One lap lane available

Friday, June 25
Swim Team Meet 1:15-5:30 pm
*All Lap Lanes closed

Tuesday, July 29
Swim team practice 7:00-8:00 pm
*One lap lane available

Wednesday, June 30
Swim Team Meet 1:15-5:30 pm
*All Lap Lanes closed

Tuesday, July 6
Swim team practice 7:00-8:00 pm
*One lap lane available

Wednesday, July 14
Swim team practice 7:00-8:00 pm
*One lap lane available

Thursday, July 15 10:30-6:00 pm
Swim Championships
*All Lap Lanes closed

**Schedule is subject to change without notice.



Diving Well Schedule June 1-Aug 5

1 meter and 3 meter boards are available at all times when the pool is open (10:30 am to 8:30 pm) unless otherwise noted below.

June 1, June 3, June 7, June 8

Dive Team Practice

6:30-7:30 pm

*All boards closed

June 10, 11, 14, 15, 17, 18, 21, 22,
 24, 28, 29, July 1, 2, 5, 6, 8, 9

Dive Team Practice

10:30-11:30 am

*All boards closed

Tuesdays, June 15, 22, 24, 29, July 6, 13

Dive Team Practice

6:00-7:00 pm

*All boards closed

Wednesdays, June 16, June 23, June 25, June 30

Dive & Swim Team Meet

10:45-5:30 pm

*All boards closed

Thursdays, June 24, July 1, 8, 15, 22, 29, Aug 5

Aqua Jog

6:00-7:00 pm

* All boards closed

Thursday, July 15

closed all day for championships

Tuesdays, June 22, 29, July 6, July 13, 20

Dive Clinics

11:30-1:00 pm

*One 1m board closed

5ft Section

This section will be closed on June 23, 30, July 7, 14, 21, 28 and Aug 4 from 7-7:45 pm for Synchronized Swimming.

**Schedule is subject to change without notice.

