

*General information for...*

# THE SOUTH TOLEDO YMCA AT THE MORSE CENTER

3<sup>rd</sup> floor, Dowling Hall, UT Health Science Campus  
419-383-5370, ymcatoledo.org

## HOURS:

Monday – Friday 5:15am – 9pm

Saturday 6am – 6pm

Sunday 1pm – 4pm

Holidays: as posted

## FEATURES AND PROGRAMS:

- Basketball court,
- 2 racquetball courts
- Indoor walking/running track
- Strength training area that includes free weights and machines
- Over 50 pieces of cardiovascular training equipment
- Over 20 group exercise classes
- Adult and youth sports leagues
- Personal training/Linebacker training
- Free personalized fitness plan/teen weight room orientation by appointment

## YMCA MORSE CENTER EXCLUSIVE:

*Linebacker Training:* 30 minutes of intense cardio and strength intervals with a partner and a trainer. By appointment, \$8 per 30-minute session or \$50 for 8 sessions.



YMCA & JCC of Greater Toledo

## TYPES OF MEMBERSHIPS:

YMCA MAX MEMBER: Max members have access to programs at 10 local YMCAs plus YMCA Storer Camps at discounted rates. A complete listing of youth and adult programs offered by Toledo-area YMCAs can be found at [ymcatoledo.org](http://ymcatoledo.org). Also, out-of-town YMCAs are available for use by Max members through the A.W.A.Y. program. A corporate discount is available for UT faculty and staff and for employees of companies participating in our corporate membership program.

	<i>MAX family</i>	<i>MAX individual</i>	<i>Corp. MAX family</i>	<i>Corp. MAX individual</i>
<i>Joiners fee</i>	<i>\$150</i>	<i>\$102</i>	<i>\$99</i>	<i>\$69</i>
<i>Monthly fee</i>	<i>\$65.50 + tax</i>	<i>\$45.50 + tax</i>	<i>\$56 + tax</i>	<i>\$39 + tax</i>

BRANCH MEMBERSHIP: Available to those affiliated with the University of Toledo Medical Center and the University of Toledo Health Science campus, including faculty, staff, and volunteers. Valid at the Morse Center only.

*Family: \$314/year*

*Individual: \$209/year*

UT HEALTH SCIENCE CAMPUS STUDENTS: Students automatically receive a Max membership. Students can purchase family memberships for access to all Y's or for just the Morse Center.

*Morse-only family: \$30/semester*

*YMCA MAX family: \$20 + tax/month*